

Marigold

A month to bloom

A 4-week personal growth journey hosted by
Casey Lipka & friends



Week 4

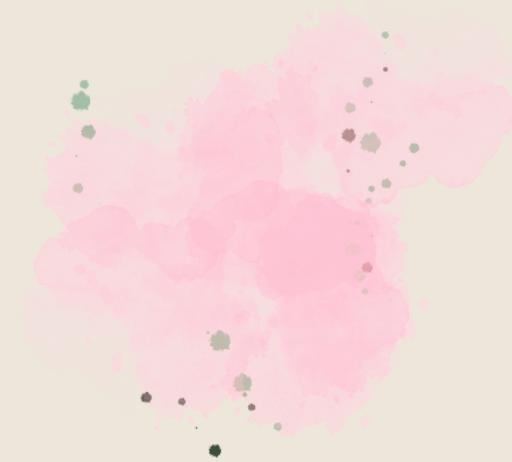
- June 7th @ 10am PT/1pm ET-
Unlock your Inner Artist:
Painting class with Elise Aabakken

Supplies List* (optional):

1

One watercolor paint

Elise like half-pans, which are dry, but tubes are great too, choose your favorite color, preferably a professional grade one, meaning it's nice and pigmented)



2

One round pointed synthetic brush

Elise likes the springy kind, around size 4 or 6 depending on brand, but use what you find!



3

Watercolor paper

(300gsm is the classic weight aka thickness of the paper so it can handle water, you can use mixed media too, Some art supply stores have testers of different papers, or postcard sized blocks or sketchbooks or single sheets that you can tear into smaller pieces, see what you find!



4

Water in a glass/jar + a rag

Utilize what you already have around your house!



***If you do not have watercolor supplies, you can still participate with whatever pen and paper you have available in your home!**